



Yukon Explorer: SNOW EDITION

2025 Packing List

Email: liambarnesliam@gmail.com

Phone: (250) 921-5513

Webpage: [Click here](#)



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THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD
CANADA



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Packing List for 7 days

- **PHONES:** We will be collecting all phones at YVR airport prior to the beginning of the trip and returning them at the end of the trip. Many parents/youth choose to keep the phones at home. This mitigates any risk of losing/breaking the phones during activities. **We recommend the following items that can replace the functions phones fill for many kids: camera, iPod or other music player, book(s), and journal.**
- Please send a photo of youth's ID to Liam liambarnesliam@gmail.com or 250-921-5513
- **Money:** Please bring cash, not cards. Participants will need ~\$30 for airport food both dinner/breakfast (depending if you are on the morning or evening flight) on the way there and a snack on the way back. Additional cash can be brought for purchasing souvenirs.

Gear

- Small day backpack (for hikes and items you'll need throughout the average day of outdoor excursions)
- Large 65-80L+ backpack OR duffle bag: 23 kg (50 lbs) maximum weight with maximum linear dimensions (length + width + height) of 157 cm
- Two 1L closable water bottles (no Gatorade squirt style)
- Headlamp (extra batteries)
- Tupperware container big enough to hold a sandwich for our packed lunches
- Travel towel
- Whistle
- Sunglasses
- Sun hat
- Journal + writing utensils
- Camera (optional)
- Cards or portable board game such as chess

Clothing

- Sturdy running shoes/trail runners
- Underwear/socks
- Shorts
- Long quick-dry pants (x2)
- Comfortable camp clothing
- Long-sleeved shirt
- T-shirts (avoid cotton)
- Swimming suit (x2)
- Sleepwear

Winter gear

- Quick-drying synthetic underwear
- Mid-weight or heavy-weight synthetic or merino wool base layer top and bottoms.
- Warm merino wool or synthetic** hiking socks
- Insulated down or synthetic jacket and/or fleece jacket.
- Rain pants
- Waterproof breathable rain jacket.
- Insulated ski pants
- Insulated ski jacket
- Warm wool or fleece beanie hat/toque
- Neck gaiter (buff)
- Insulated ski gloves or mittens
- Waterproof hiking boots or insulated winter boots.
- Ski goggles (not provided by ski hill)
- Gaiters (optional)

Toiletries

- Toothbrush/toothpaste
- Soap (Castile recommended)
- Sunblock (SPF 30)
- Feminine hygiene products if applicable
- Eye care (if required)
- Aloe Vera cream
- Personal first aid kit
- Medication (**2 of each in case of damage**)
- Mesh laundry bag

Do Not Bring

- Portable video games
- Narcotics, alcohol, cigarettes, vapes
- Big bulky clothes
- Cotton clothing or jeans
- Inappropriate clothing
- Aftershave/cologne/perfume
- Hairdryer/hair products
- Debit or credit cards
- Lighters or matches

Winter Gear Guide

The classic layering system consists of a base layer, mid-layer and outer layers.

- **Base layer:** Wicks sweat and provides warmth.
- **Mid layer:** Provides customizable warmth that you can add or subtract depending on the temperature and how hard you are working.
- **Outer layer:** Protects from wind and rain. This combo will keep your kids the happiest and most comfortable while moving in the winter.

Winter Hiking/Snowshoeing Checklist:

Base Layers: These layers must be made of a hydrophobic synthetic or wool material that breathes well and not cotton.

- Quick-drying synthetic underwear
- Mid-weight or heavy-weight synthetic or merino wool base layer top and bottoms.
- Warm merino wool or synthetic hiking socks

Mid Layers: These layers must be made of non-cotton material that is easy to take off/put on as that is the layer you will take on and off the most. No cotton hoodies.

Mid-layer jacket: insulated down or synthetic jacket and/or fleece jacket. If your outer bottom layer is a thick insulated ski pant you will likely not need another bottom pant layer. If using rain pants for an outer layer you will want another warm mid-layer bottom.

Outer Layers: The outer layers must be made from waterproof and preferably breathable materials as they protect you from wind, rain, and snow. If they are not you will be wet, soggy and cold.

- Waterproof breathable rain jacket.
- Insulated ski jacket
- Insulated ski pants

Accessories: Your hands, head and face need layers as well.

- Warm wool or fleece beanie hat/toque
- Neck gaiter (buff)
- Insulated ski gloves or mittens
- Waterproof hiking boots or insulated winter boots. *Footwear must be waterproof as well.
- Gaiters: *Optional. Gaiters are an accessory that goes over your boot/lower leg that bridges the gap between the top of your boots and the bottom of your pants and makes sure you don't get snowy socks. Most outer layer pants have a built-in elastic cuff that acts as a gaiter.