



Vancouver Day Camps: **SUMMER**

2024 Packing List

Email: office@firesideadventures.ca
Phone: (604) 241-9169
For Webpage and Trip Details: [Click here](#)



Contents

Packing List.....	2
Must-bring Items.....	2

Packing List

Must-bring Items

- Sturdy running shoes
- Sporty clothes (preferably polyester or merino wool)
- A small backpack that your youth can carry
- A whistle attached to jacket or backpack
- A 1L reusable water bottle
- Sunscreen
- An extra set of socks and change of clothes
- Sunglasses and sun hat
- Bathing suit, sandals, and towels for swimming/saunas
- Rain gear for rainy days (waterproof jacket, pants and boots)
- Nutritious lunch and snacks