



Girls' Getaway: **SALTY EXPRESS**

2024 Packing List

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Packing List

Gear Must-brings

- Sturdy running shoes and water sandals
- Sporty clothes (preferably polyester or merino wool)
- A small backpack that your camper can carry
- A whistle attached to jacket or backpack
- A 1L reusable water bottle
- Sunscreen & bug spray
- An extra set of socks and change of clothes.
- Sunglasses and sun hat
- Bathing suit, sandals and towels for beach days.
- Rain gear for rainy days (waterproof jacket, pants and boots)

Toiletries Suggestions

- Toothbrush/toothpaste
- Soap (Castile recommended)
- Sunblock (SPF 30)
- Bug repellent
- Menstrual products
- Eye care (if required)
- Aloe Vera cream
- Personal first aid Kit
- Medication
- Mesh laundry bag