



Camp Fireside: **SUMMER OVERNIGHTS** 2024 Packing List

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Packing List

Gear must-bring

- | | |
|---|--|
| <input type="checkbox"/> Lunchbox or sandwich-sized tupperware | <input type="checkbox"/> Headlamp with extra batteries |
| <input type="checkbox"/> Small day backpack (for day hikes) | <input type="checkbox"/> Towel (quick dry) |
| <input type="checkbox"/> Large bag able to hold all gear for trip | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Sleeping bag & small pillow | <input type="checkbox"/> Whistle |
| <input type="checkbox"/> Sleeping pad or Thermarest | <input type="checkbox"/> Personal first aid kit |
| | <input type="checkbox"/> Two water bottles, 1L each |

Clothing must-brings

* ***Bring enough for three days.***

- | | |
|--|---|
| <input type="checkbox"/> Rain jacket | <input type="checkbox"/> Shorts |
| <input type="checkbox"/> Bandana | <input type="checkbox"/> Long pants |
| <input type="checkbox"/> Warm jacket/fleece | <input type="checkbox"/> Long-sleeved shirts |
| <input type="checkbox"/> 1 pair of running shoes | <input type="checkbox"/> 4 t-shirts including one white |
| <input type="checkbox"/> Outdoor sandals with back strap | <input type="checkbox"/> Swimming suit |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Sun hat & toque |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Pyjamas |

Toiletries (all toiletries must be travel-sized)

- Toothbrush
- Biodegradable toothpaste and mouthwash
- Deodorant if they wear it
- Sunblock
- Bug repellent
- Eye care (if required)
- Aloe vera cream/gel
- Medication (2 of each in case of damage)

Optional items

- Camera (non-phone)
- Waterproof stuff sacks
- Watch
- Reading/writing material

Do not bring

- Portable video games
- Big bulky clothes, heavy cotton clothing & jeans (difficult to dry quickly)
- Inappropriate clothing
- Aftershave/cologne/perfume
- Hairdryer

Dressing for Success

Engaging with nature and participating in outdoor activities are integral to outdoor learning! Therefore, please pack clothing that can get dirty. Choose functionality over fashion. Do not bring anything to outdoor school that you are not willing to lose!

It is important that your child brings a variety of clothing layers so that they can keep warm in the event of inclement weather. A toque (warm winter hat) may seem like a silly item to bring, but on a rainy day in the forest, it can be a great thing to have! Cotton is a very poor material for outdoor use when it is cold and damp because when it gets wet it takes a long time to dry out. Please make sure to pack some polyester blend (dry-fit) clothing.